Cystoscopy Patient Instructions

To prepare for the cystoscopy:
You do not need any special preparation for a cystoscopy.

The cystoscopy procedure:
A cystoscopy is performed in our clinic as an outpatient procedure. The procedure involves inserting a smooth, well-lubricated camera into the urethra. Water flows through the camera and into the urethra to help the doctor see the lining of the urinary tract. The camera is then guided through the urethra until it reaches your bladder. Once inside the bladder, the urologist examines the entire inside lining of the bladder. A video monitor attached to the camera is often used so that you will also be able to see the inside of your bladder. The procedure takes 5-10 minutes. After the procedure, you may feel the urge to urinate and will be given the opportunity to use the bathroom.

Risks:
The main risks of a cystoscopy include discomfort or pain during the procedure and urinary tract infection. The risk of a bladder infection is low. An antibiotic will only typically be prescribed to you if you develop symptoms of a urinary tract infection after this procedure. You should be able to resume normal activities immediately following the cystoscopy.

After the cystoscopy:
Your urologist will review the cystoscopy findings immediately following the procedure and discuss any necessary follow up and/or treatment recommendations with you.