Compression Garments after Abdominal Surgery

Patient Information

- After surgery you will be placed in an abdominal binder which you will need to wear continuously until told otherwise by your surgeon. Approximately two weeks post op, your surgeon will advise you to stop wearing the binder and begin to wear a high rise panty girdle.

- Pictured below is an example of such a garment - this one is manufactured by Spanz and can be found on the website www.freshpair.com

- Many department stores in the area carry similar garments ~ we encourage you to purchase this garment before your surgery.

- If you have any questions about the garment, please direct those to your surgeon at the time of your pre op appointment.

This information is not intended to diagnose health problems or to take the place of medical advice or care you receive from your physician or other health care professional. If you have persistent health problems, or if you have additional questions, please consult with your doctor. If you have questions or need more information about your medication, please speak to your pharmacist. Kaiser Permanente does not endorse the medications or products mentioned. Any trade names listed are for easy identification only.